

More than 26,000 Australian babies are born too soon each year.

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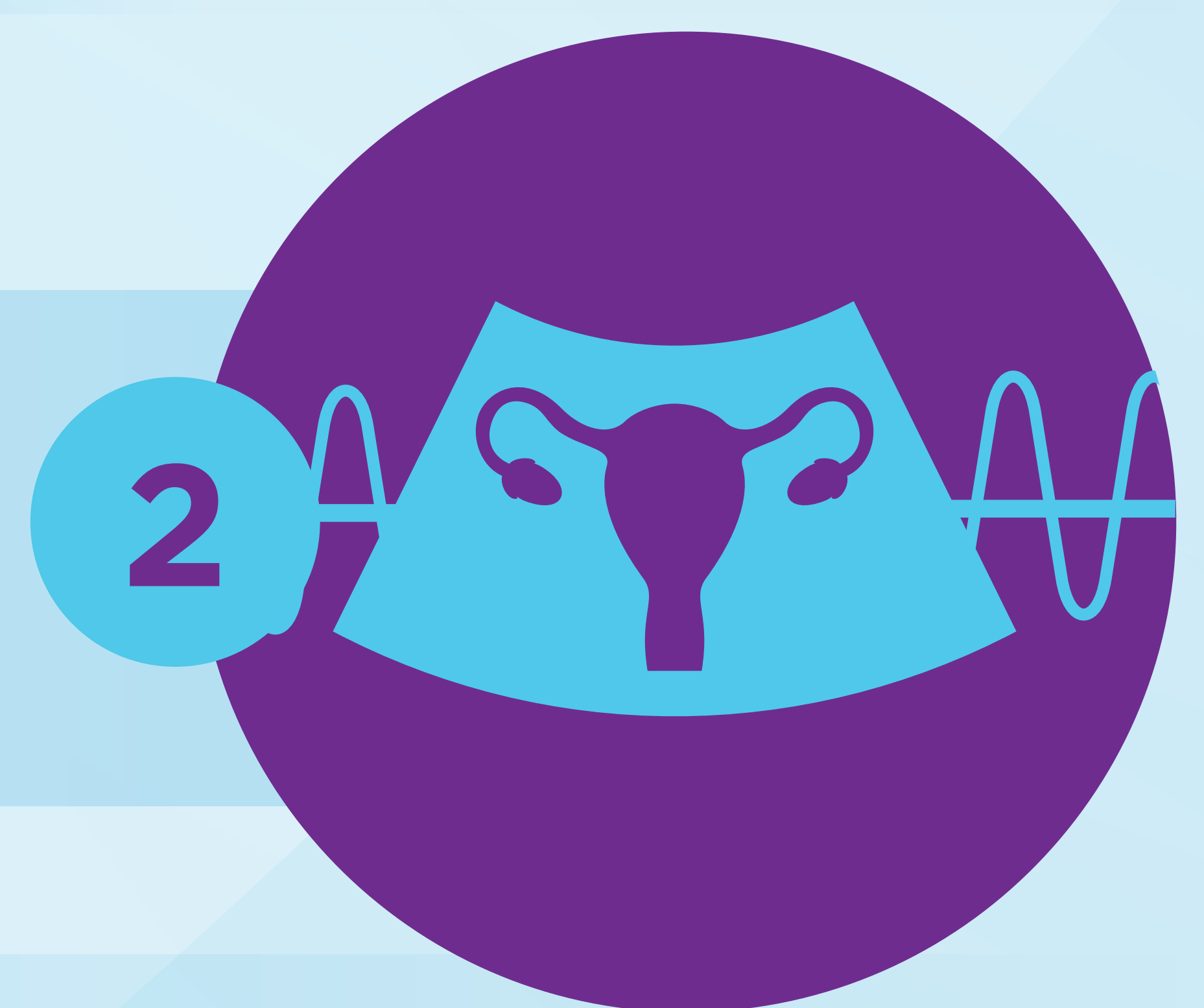
Key strategies to prevent preterm and early term birth



1

No pregnancy to be ended until at least 39 weeks unless there is obstetric or medical justification.

Measurement of the length of the cervix at all mid-pregnancy scans.



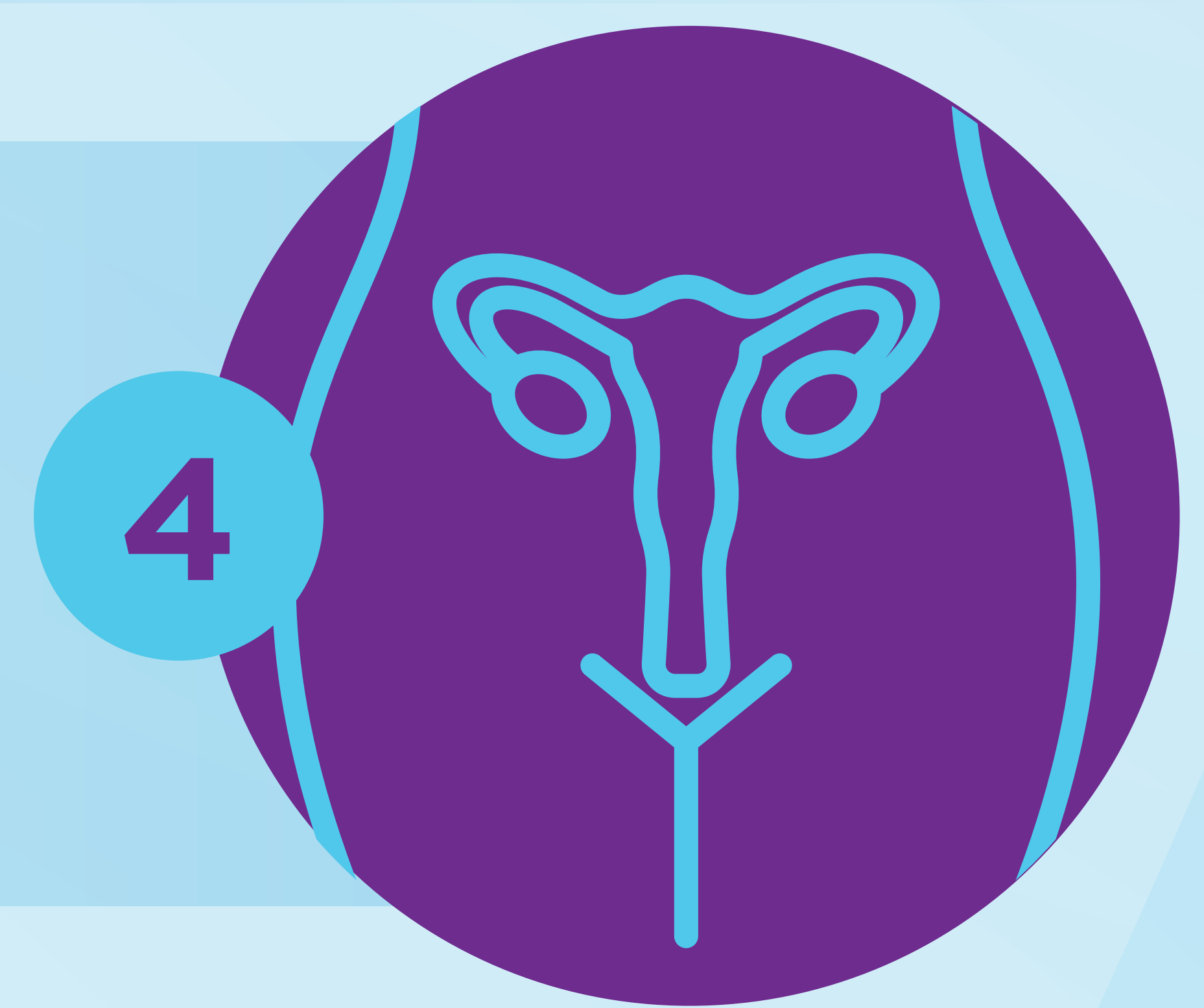
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3

Use of natural vaginal progesterone (200mg each evening) if the length of the cervix is less than 25mm.

If the length of the cervix continues to shorten despite progesterone treatment, consider surgical cerclage.



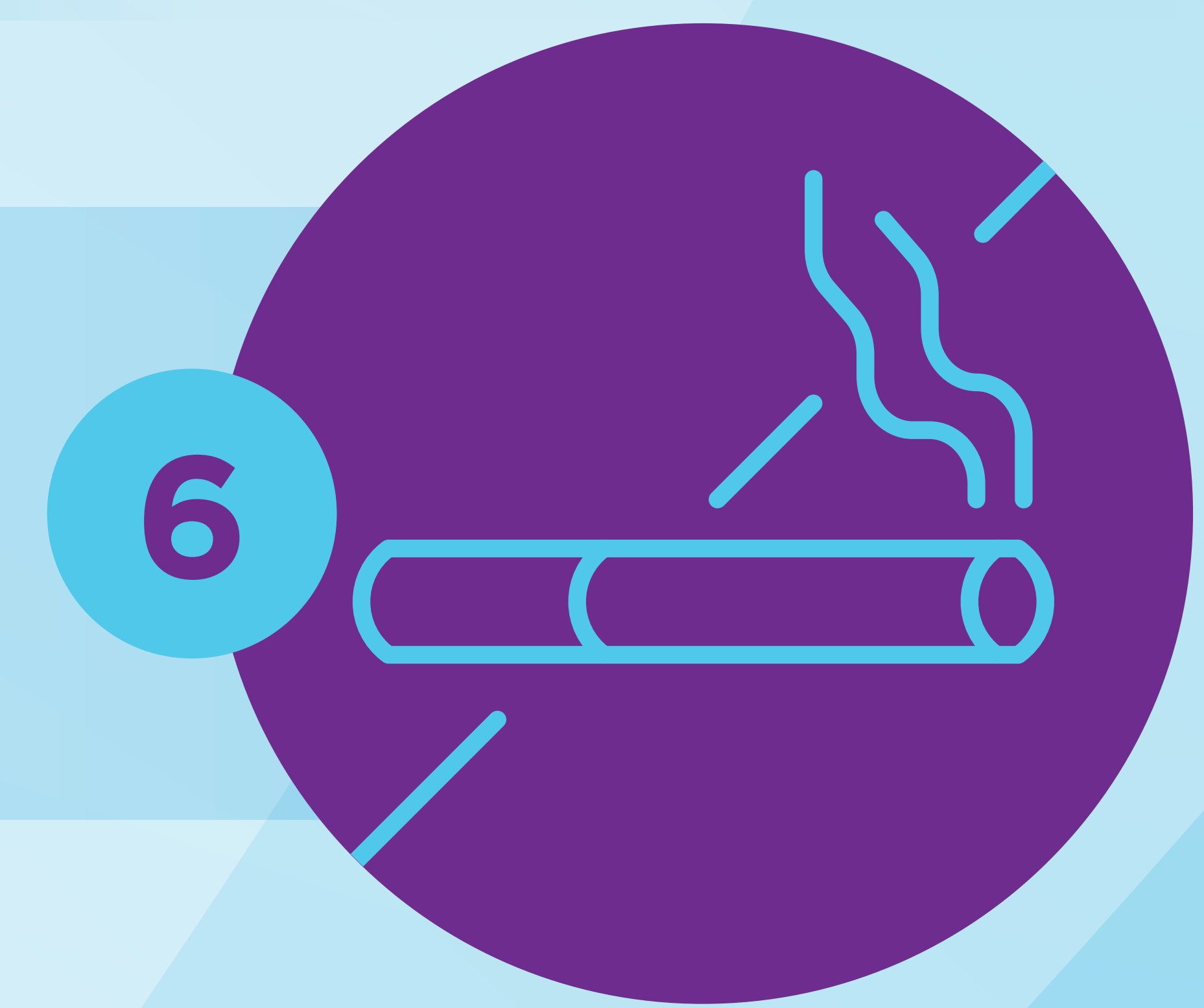
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5

Use of vaginal progesterone if you have a prior history of spontaneous preterm birth.

Women who smoke should be identified and offered Quitline support.



6



7

To access continuity of care from a health professional during pregnancy where possible.



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Preterm Birth
Prevention
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